

**TRAVEL DIRECTIONS TO THE BRONX (CENTRAL OFFICE)  
ONE FORDHAM PLAZA, 4<sup>th</sup> Floor**

**FROM MANHATTAN:**

Take the West Side Highway to I-95, then get onto 87 and 95 split, take 87 to Fordham Road. Approximately one mile and a quarter to Fordham Road and Third Avenue. Fordham Plaza is located on the corner across the street from Fordham University and the Metro North train station.

**FROM ALBANY:**

Take the Thruway South (I-87) to Exit 9, which is East Fordham Road,. Drive east to East Fordham Road and Third Avenue.

**WHITESTONE OR THROGS NECK BRIDGE:**

Take the Cross Bronx Expressway to the Bronx River Parkway North. Get off at the Fordham Road South Exit. Drive west down to Fordham Road and Third Avenue.

**WESTCHESTER:**

I-95 to Pelham Parkway South. Stay on Pelham Parkway, straight ahead it becomes Fordham Road. Stay on Fordham Road until you come to Third Avenue

**OR,**

Take the Cross Bronx Expressway to Bronx River Parkway to Fordham Road. Stay on Fordham Road until you come to Third Avenue.

**BY PUBLIC TRANSPORTATION:**

Take Metro North from Grand Central Station to Fordham Road. Fordham Plaza is located across the street from the train station.

Take the 'B' or the 'D' train to the Fordham Road stop. Walk up the stairs and take the 'BX12' bus down to Third Avenue. Walk across the street to Fordham Plaza.

Pay Parking Lot – Street Parking